

## World Women's Network

Connie Salamone is a feminist, vegetarian activist who has been working on animal rights and environmental issues and their connection to feminism for ten years. She has a wealth of information on all of these issues. Currently she is working on an anthology of women and animals and will be looking for contributors. She has an excellent article in *Reweaving the Web of Life—Feminism and Nonviolence* edited by Pam McAllister, a book that will serve as the model for her own. Connie has begun to organize a world women's network of individuals and autonomous collectives to work on issues concerning women, animals and the environment. Possible activities for the network include publishing a newsletter, holding conferences, sharing literature, etc. If you are interested in being a part of this network or in contributing to the anthology you can write to Connie at:

Vegetarian Feminists  
616 6th Street  
Brooklyn, N.Y. 11215

(Vegetarian Feminists is the local collective with which Connie works.)

## Where to Read About It

A number of articles have begun to appear on the connection between women and animals under patriarchy. One of our members recently wrote an article entitled "Animal Rights is a Feminist Issue" for the March issue of *Matrix* (available from our group). The article was then reprinted in the Summer issue of *Womanspirit*. After years of effort by many women to get *Ms.* to deal with the issues of feminism and animal rights, an excellent article finally appeared in the July 1983 issue. For ongoing information about the animal rights movement you can rely on *Agenda*, the only independent newsmagazine for the animal rights/liberation movement. It is an excellent magazine and really the only way of staying in touch with what the movement is doing around the country. *Agenda* has several editors with a feminist awareness so that you can count on feminist issues being raised at least some of the time. An interview with Sally Gearhart will be featured in the next issue. *Agenda* can be ordered for \$15 for a year's subscription, \$2.00 for a sample copy. Their address is:

Animal Rights Network  
Box 5234 Westport  
Connecticut, 06881

## Tools for Research

*Tools for Research* is the title of an excellent and very moving documentary film produced by Marie Carosello which exposes the major myths surrounding animal research. It is available for both rental and purchase. Contributions would also be welcome to help with debts incurred in order to finance the making of the film. Send contributions or inquiries to:

Film to Liberate Laboratory Animals, Inc.  
725 Lisbon Street  
San Francisco, CA 94112

## Vegan Cookbooks

Often people have difficulty adopting a vegan diet (i.e. no meat, eggs, milk or other products derived from animals) because they do not know how to go about it. There are a number of excellent vegan cookbooks that can help you get started. Many of them have been sold in the past at A Women's Place bookstore, so you can support women and animals at the same time! These are a few of the best ones:

*The Back to Eden Cookbook* by Jethro Kloss

*The Farm Vegetarian Cookbook* by Louise Hagler

*Oats, Peas, Beans and Barley Cookbook* by Edith Young Cotrell

*The Cookbook for People Who Love Animals* available from World of God, Rt. 2, Box 98E, Brooksville, FA 33512

*Ten Talents* by the Seventh Day Adventists

(The latter two are not looking for converts, in case you were worried!)

## Cruelty Free Shopping

Most commercial products that we buy have been tested on animals in painful experiments. Many products also contain ingredients derived from animals. If you do not wish to contribute to this exploitation we encourage you to buy from the small number of companies that produce cruelty-free products. These products can be ordered from the following companies:

### Beauty Without Cruelty

175 West 12 Street  
New York, New York 10011

### Amberwood

125 Shoal Creek Road  
Fayetteville, Georgia 30214

### Mirror Mirror on the Wall

Joan Ashley  
247 Everett Street  
Middleboro, MA 02346

We also have a long list of manufacturers and retailers who do not include animal products or test on animals available upon request.

## Tapes for Sale

A copy of Sally Gearhart's lecture on "Feminism and Animal Rights" is available from FAR courtesy of Action for Animals. The lecture, taped at Old Wives' Tales bookstore, explores the connections between the exploitation of animals and of women.

Also available is a tape of Sally Gearhart's speech from the Plenary Session of the 1983 Attorneys for Animal Rights conference. Cassettes are \$5.00. Mail orders to AFAR, 333 Market Street, Suite 2300, San Francisco, CA 94105.